

Neurodiversity in the Workplace

There has been a wealth of information about neurodivergence on social media in recent years, but what does this mean for the workplace? How can we better understand the needs of neurodivergent colleagues and clients, and how can we build a more inclusive workplace for all?

This series of 2 x 1 hour webinars aims to provide participants with an understanding of neurodiversity, what life is like for neurodivergent colleagues living in a neurotypical world, and common adjustment needs in the workplace. For participants who are neurodivergent, the series provides examples of common helpful strategies and avenues for support.

Part 1 is an introductory session, and covers:

- Understand neurodiversity and neurodivergence
- Why neurodiversity is a strength for the workplace
- Living as a neurodivergent person in a neurotypical world
- Women and neurodiversity
- Managing burnout and adjustments in the workplace

Part 2 is more in-depth, and covers the following:

- Autism and ADHD
- Needs of Autistic people and ADHD'ers in the workplace
- Supports in the workplace
- Pathways for diagnosis and neurodivergent-affirming support

TIME: 2 x 1 HOUR SESSIONS

ONLINE

MAX 30 PARTICIPANTS

For costs, or to make a booking please contact us

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DISCLAIMER: Positive Solutions cannot provide individual recommendations for support in this webinar. Examples of commonly used adjustments in the workplace will be provided, but specific adjustments are a matter for the individual to discuss with their workplace and professional supports.